

# WARRIOR CHAT



OCTOBER 2016 • INDIAN HILLS MIDDLE SCHOOL • (801) 826-7100

## PRINCIPAL'S MESSAGE

School is now in full swing and the excitement of the new year has now started down the road of routines and normalcy. It always amazes me how quickly students adapt to the new environment and other changes that are constantly thrown their way. Indian Hills has an amazing student body that continues to excel under the direction of great teachers. As presented to the School Community Council in September, our school once again showed great improvement, increasing our state PACE score by 30 points from 2015, and 4 points over our 2014 total. Our grade this year was initially an "A" and then adjusted to a "B" based on the state's adjustments implemented this year to reduce the number of schools receiving an "A" or "B" across the state. I am proud of the achievement that our students and faculty were able to accomplish and we will adapt to our new expectations. You may visit the USOE website to get a full explanation on how grades are calculated and see year to year comparisons.



Doug Graham  
Principal



## REFLECTIONS



DUE OCT 24

pta.org/reflections  
for more info

## WHAT'S HAPPENING IN SEPTEMBER

NO SCHOOL

UEA: OCT 20-21<sup>ST</sup>



SCHOOL NIGHT!

OCTOBER 12<sup>TH</sup>!

RED RIBBON WEEK

OCTOBER 24-28 & 31

Mon- "I can, you can, we all can stay away from drugs!" **Bring a Can of Food**

(to donate to the Utah Food Bank)

Tues- "Drugs will make you 'wig' out!"

**Wear a Wig to School Day**

Wed- "Be smart, don't start!" Smart nerds don't take drugs. **Dress like a Nerd Day**

Thurs- It's crazy to take drugs!

**Crazy Socks Day**

Fri- Commit to avoid drugs!

**Wear Red!**

Mon- Drugs are scary!

**Wear Halloween Costumes to School Day**

## GET SOCIAL!



# COUNSELORS' CORNER

801-826-7120



## **Counselors in the Classroom**

The counselors are continuing the Career Development Applications with the 6<sup>th</sup> grade students. We've learned about setting smart goals, and the Language of College and Career. Ask your student about their "SMART" goal.

The counselors have been visiting the 6<sup>th</sup> grade Social Studies classes to discuss Social Skills. This month, we've talked about kindness, Conflict Resolution and Anti-Bullying. If you have a 6<sup>th</sup> grader, ask them about RAVEN! To see RAVEN for yourself, check out the Counseling Center webpage: <http://ihmscounselingcenter.weebly.com/kindness-campaign.html>.

This month, the counselors are in the 7<sup>th</sup> grade English Language Arts classes finishing the series of executive functioning skills: Impulse Control, Set Shifting, Goal Setting, and Time Management. If you have a 7<sup>th</sup> grader, ask your student about the marshmallow test. Now is also a great time to check your student's organization of their materials (backpack, folders, planner, binder, etc.).

Counselors have also met with your 7<sup>th</sup> grade student(s) for hallway Minute Meetings. In addition, we have been talking about how Education Pays (the value of higher education), College 1-2-4-or more (the various degree pathways), and how to fill out a mock job application.

In the 8<sup>th</sup> grade, we will have the students create their 4-year plan. We will be going over this information with you and your student during their College and Career Readiness meetings in Nov./Dec. 2015. Watch for a link from SignUp Genius to sign up for your meeting time!

## **Kindness Campaign**

We believe that it is important to talk about the things we SHOULD be doing – focusing on the positive, rather than focusing on the negative – in order to improve the climate of our school. This month, we've reviewed GRIT and talked about friendship, the Stop-Walk-Talk technique and what is bullying.

## **First Generation College**

If your 8<sup>th</sup>-grade student is a first generation college student and you would like them to participate in college support activities at IHMS, but missed signing your student up, please contact the Counseling Center directly at 801-826-7120.

## **Support Services**

Peer tutoring will be starting Oct. 3, 2016 and is offered Monday thru Thursday in room 223 from 3:05-4:30. Encourage your student to utilize this resource if he or she needs help in any subject area.

Be sure to check the IHMS counseling website for more updates including the Canyons Family Center counseling and class schedule: <http://ihmscounselingcenter.weebly.com/>.