

WARRIOR CHAT



APRIL 2018 • INDIAN HILLS MIDDLE SCHOOL • (801) 826-7100

DEADLINE
MONDAY, APRIL 9TH
\$30/yearbook
LAST DAY TO
ORDER!!

YEARBOOK SALES
= IHMS \$\$\$

(See page 3 of
Newsletter for more
details)

IHMS
TEACHER OF THE YEAR!



MS. SAM SIRRINE

PRINCIPAL'S MESSAGE

What makes a great teacher? It is a loaded question because it can be answered in so many ways. Are the most memorable teachers those that were the best at delivering instruction, supporting students through difficult times in learning, or do they stick out in your mind because they were so caring? Every year we ask for nominations for Teacher of the Year. Each year we are able to honor a teacher that embodies qualities that set them apart from others and inspire us all to be better at our craft. This year we are excited to honor Sam Sirrione as our 2017-2018 Teacher of the Year.

Ms. Sirrione is an incredible asset to Indian Hills Middle School. She has been part of an outstanding 8th grade ELA team where her students continually score above the state and district average on standardized tests. Her student growth scores are always some of the highest in Canyons School District. She is an engaging teacher who is innovative, inclusive and supportive of all students, always wanting to see her students succeed and achieve great things. She has outstanding classroom management skills and style that allows students to find safety in taking risks. Her routines and procedures provide great structure without interfering with instruction. She is a master teacher.

Ms. Sirrione leads our team of teachers and counselors who oversee our WEB (Where Everyone Belongs) program, supporting our new sixth grade students with eighth grade mentors. In this role, she spends countless hours in the summer preparing for the arrival of our sixth grade students, ensuring their first days are meaningful and as stress-free as possible. She continues to lead this support throughout the year and is dedicated to make a difference in how our sixth grade students find success.

We are excited for her and appreciate all she does for our entire student body! Congratulations Ms. Sirrione!



Doug Graham
Principal

WHAT'S HAPPENING IN APRIL

NO SCHOOL

APRIL 2-6

LAST DAY TO
ORDER
YEARBOOKS!!

MON. APRIL 9

IMPORTANT DATES FOR
SCHOLARSHIP APPLICATIONS

APRIL 17

Great scholarship opportunity for 7th and 8th graders! Please check the link below for more information and deadline dates!

<http://ihmscounselingcenter.weebly.com/scholarship-opportunities.html>

COUNSELORS' CORNER

801-826-7120



Kindness Campaign

April's Kindness Campaign lessons are focused on CONTROL, as a part of our 7 C's of Resilience. In order to truly be resilient, students need to believe that they have control over their world. Feeling secure helps engender control, which is why students test limits. Some of our lessons for this month will focus on impulse control, self-regulation, communication skills, and a review of executive functioning skills.

Helping Kids After a Crisis

- Try and keep routines as normal as possible. Kids gain security from the predictability of routine, including attending school.
- Limit exposure to television and the news.
- Be honest with kids and share with them as much information as they are developmentally able to handle.
- Listen to kids' fears and concerns.
- Reassure kids that the world is a good place to be, but that there are people who do bad things.
- Parents and adults need to first deal with and assess their own responses to crisis and stress.
- Rebuild and reaffirm attachments and relationships

The American School Counselor Association provides a variety of resources for counselors, parents, students, etc. In the link below, there are several articles to support your child after a crisis and how to help them feel safe and help them continuously build resilience.

<https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/shooting-resources>

Student Success

After School Warrior Support is offered to all students, Tuesday, Wednesday and Thursday right after school until 4:00 in the Media Center. No need to sign up beforehand. Just show up right after school. Please take advantage of this great opportunity!

Canyons Family Center provides individual and family-based counseling, student-support groups, and parent-education classes at no costs to families in the district. Call 801-826-8190.

<http://www.canyonsdistrict.org/component/k2/item/374-family-center>

Skyward email notifications can be set up to receive attendance, grading emails, and progress reports on a frequent basis. Once you have logged into your account, click **My Account** in the top right of the page. At the bottom, you will see **Email Notifications**. You can click to receive daily attendance notifications, grading emails, and progress reports either daily, weekly, or monthly. If you make changes, click **Save** near the top right of the page. Please also make sure your email address is correct.

Remember to keep current by visiting our website <http://ihmscounselingcenter.weebly.com/>

PTSA FUNDRAISER
Indian Hills
MIDDLE SCHOOL
2017 → 2018

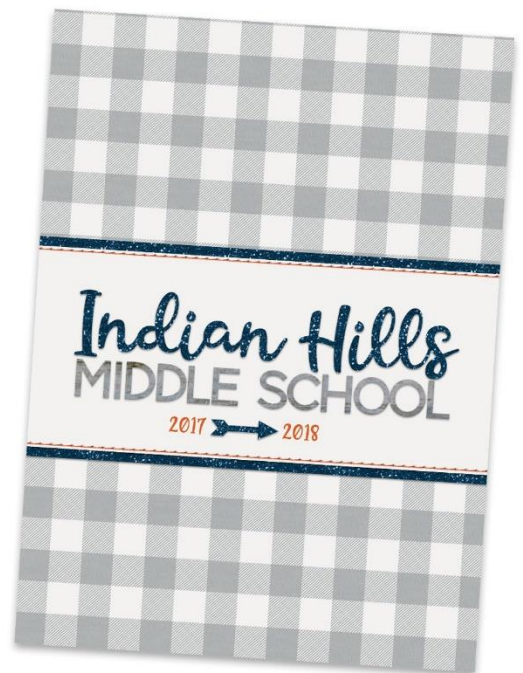
Yearbook Sale

Did you know that the yearbook is the ONLY PTSA fundraiser of the year?
No cookie dough, no wrapping paper, no little trinkets to collect dust.
Just an 88+ page book filled with your student's middle school memories.

\$30

Deadline:
April 9

Pay with cash or check in the main office or with a credit card online at ybpay.lifetouch.com
(School code: 3015418)



Not sure if you've already ordered? Check Skyward Fee Management or email ihmsmemorybook@gmail.com.

Additional donations in any amount can be made in the main office with cash or check (made payable to Indian Hills PTSA). You can also choose to sponsor a yearbook for another student. For more details, email ihmsmemorybook@gmail.com.