

WARRIOR CHAT



FEBRUARY 2017 • INDIAN HILLS MIDDLE SCHOOL • (801) 826-7100

Congratulations

INDIAN HILLS
REFLECTION
SCHOOL WINNERS!
Region Winners!
Moving on to State

3D ART

Savanna Seal

FILM

Emily Erickson

Erin Fuller

Region Award of Merit
(Honorable Mention)

VISUAL ARTS

Marissa Neve

LITERATURE

Brody Gibbs

3D ART

Abbie Wiggins

Alexandra Miller

MUSIC

Coleman Hone

DANCE

Emily Erickson

FILM

Audrey Moody

PRINCIPAL'S MESSAGE

Change is around the corner as March Madness settles in. A new term is starting, construction trailers and materials are arriving, spring will be making an appearance at any moment. Student-Led Conferences are over for the year, registration cards have been collected, and cabin fever is setting in with the continuation of the winter season. All of this leads to a very busy time for both school employees and students. At this point, I would just like to remind everyone that we have a long stretch to the finish line. Please continue to support your students in all that they do in and out of school. Help them to have a goal of no missing assignments. Encourage them to utilize the after school support provided by the National Junior Honor Society or seek additional help from their teacher before or after school. Help students develop self-advocacy by expecting them to talk with teachers about ways to improve. Sit down with them and help them clear out and organize their binder to begin third term. It is time to focus on finishing this year as strong as we started.

Doug Graham
Principal



WHAT'S HAPPENING IN MARCH

SPRING BREAK

APRIL 3-7

The Indian Hills Middle School PTSA is currently seeking board member recommendations and volunteers for the 2017-2018 school year. If you are interested or would like to nominate someone for a position on the PTSA board, please contact the PTSA President at tammyjoos@yahoo.com by March 15, 2017.

Thanks to all who participated!



COUNSELORS' CORNER

801-826-7120

Registration:

If you have not completed your registration for the 2017-2018 school year, please go on our website to print off the appropriate registration card: <http://ihmscounselingcenter.weebly.com/registration.html>. Or you can contact the counseling center for any questions at 801-826-7120.

Incoming 9th grade: Please go to Alta Counseling's website for scheduling information and updates: <http://ahs.canyonsdistrict.org/counseling.html> or you may call Alta directly at 801-826-5620, for any scheduling questions.

Kindness Campaign

The most recent Kindness Campaign lesson focused on how to resolve "sticky" friend situations. Please talk with your students on how to resolve the following situations **in a positive way**.

1. You find out that your friend has been telling people stories about you that aren't true.
2. Your friend keeps saying or doing things that hurt your feelings.
3. Two or more of your friends are arguing with each other. They want you to choose between them, but you don't want to lose either of them as your friend.
4. Your friend wants to spend more time with you than you want to spend with him/her. You like this friend, but you also want to be able to hang out with other friends.
5. Your friend invites you to go to an activity but then calls back an hour later to cancel. You find out later that your friend went to the activity with someone else.

Lifelines Suicide Prevention Program

Canyons School District is implementing a suicide prevention program, Lifelines, which is being delivered through the 8th grade Health (PE) classes during the week of February 21-24, 2017. This link has also been emailed home to the parents/guardians of 8th grade students to make you aware of the Lifelines program and some discussion points for talking about suicide prevention with your student:

<http://ihmscounselingcenter.weebly.com/student-support.html>.

If you have any questions, please talk with Coach Halbert or Coach Halliday.

Wellness Week

Wellness Week is coming up on March 6-10. Look for the schedule of events coming soon.

Student Success

Peer Tutoring is offered to all students, Monday, Tuesday, Wednesday and Thursday right after school until 4:30 in room #223. No need to sign up beforehand. Just show up right after school. Please take advantage of this great opportunity!

Canyons Family Center provides individual and family-based counseling, student-support groups, and parent-education classes at no costs to families in the district. Call 801-826-8190.

Skyward email notifications can be set up to receive attendance, grading emails, and progress reports on a frequent basis. Once you have logged into your account, click **My Account** in the top right of the page. At the bottom, you will see **Email Notifications**. You can click to receive daily attendance notifications, grading emails, and progress reports either daily, weekly, or monthly. If you make changes, click **Save** near the top right of the page. Please also make sure your email address is correct.

Remember to keep current by visiting our website <http://ihmscounselingcenter.weebly.com/>.

