



WARRIOR CHAT

OCT 2018 • INDIAN HILLS MIDDLE SCHOOL • (801) 826-7100

See Page 3 for
IHMS

CELL PHONE POLICY
and
HALLOWEEN
COSTUME
GUIDELINES

WE COLLECT



BOX TOPS!



@IndianHillsPTSA

PRINCIPAL'S MESSAGE

This month we are going to focus on our growing issue with student absences. Did you know that missing even two days per month puts students at significant increased risk of academic failure and eventual dropout? This includes excused and unexcused absences and is true for students across all grade levels, from K up to 12. Because attendance is so important, please send your child to school every day unless he or she has a contagious illness or is running a fever. Our goal will be to have every student attend regularly with 9 or fewer absences for the year. I want to stress that we are happy to work with you to help your student attend regularly and have greater opportunities for success. We look forward to a successful year made possible by regular attendance--and remember, 9 days or less for student success!

Go Warriors!



Doug Graham
Principal



WHAT'S HAPPENING IN OCTOBER

NO SCHOOL

OCT 18-19

MON, OCT 29

MAKE-UP
PICTURE DAY

TUES, OCT 23

UNITY DAY!
Wear ORANGE
(Anti-Bullying)

WED, OCT 24

RED RIBBON WEEK

OCT 30 - NOV 2 (dress code appropriate)

TUES: Wear Red- Take a stand against drugs. Wear red to show that you will choose to be drug free!

WED: Vaping is a Trick, NOT a Treat! Vaping is addictive and can turn you into somebody you don't recognize. Support your stand against vaping & wear your Halloween costume to school today! (see page 3 for costume guidelines)

THURS: Pajama Day- Drugs destroy your future dreams. Wake up and don't do drugs. They will make your life a nightmare. Come to school dressed in your favorite pajamas.

FRI: Crazy Hair or Hat Day- Use your head! Make the smart choice and don't do drugs.

COUNSELORS' CORNER

801-826-7120

Congratulations! We've all survived the first full month of school and it looks like we're all getting used to the new building. Now is a great time to check your student's organization of their materials (folders, planner, binder, etc.). Catching any bad habits early will help your student be successful this year!

Unity Day

Unity Day is coming up on Wednesday, October 24th. The theme for Unity Day is "Stop the Hurt!" Remind your student to wear ORANGE to show that Warriors are UNITED against bullying!

Counselors in the Classroom

6th Grade: The counselors are continuing the Career Development Application lessons with the 6th grade students. Ask your student about the Top 10 Employability Skills! Our next lesson will be about self-advocacy and assertiveness.

7th Grade: Counselors have met with all of the 7th grade students for hallway Minute Meetings. In October, we will be talking about stackable credentials ("1, 2, 4 or More" degree pathways).

8th Grade: In the 8th grade, we are learning about credits in high school by having students practice creating a 9th grade plan in Skyward. You can find more information on graduation and the 4-year plan here: <http://ihmsstudentcenter.weebly.com/plan-for-collegecareer.html>. We will go over this and other information with you and your student during their College and Career Readiness meetings in November/December. Watch for a SignUp Genius link, to sign up for your meeting time!

Kindness Campaign

The theme for our Kindness Campaign this year is "Positive Thoughts. Positive Actions." Each month, we will focus on one lesson and one coping/relaxation strategy for better handling stress.

In September, we learned how to A.C.T. when someone is struggling: Acknowledge, Care, Tell. Our relaxation technique for the month is drawing/coloring. In October, we will be learning what is (and is not) bullying – and what to do if we see it happening at Indian Hills. Find more information on our Student Center website!

Here are our positive quotes for the month:

October 1 – 5th

Success doesn't come from what you do occasionally. It comes from what you do consistently.

October 8 – 12th

Failure is not the falling down, failure is the staying down.

October 15 – 19th

The comfort zone is a beautiful place, but nothing ever grows there.

October 22 – 26th

Be somebody who makes everybody feel like a somebody.

First Generation College

If your 8th-grade student is a first-generation college student and you would like them to participate in college support activities at IHMS, but missed signing your student up, please contact the Student Center directly at 801-826-7120.

Support Services

Warrior Support is offered Tuesday through Thursday from 3-4 pm in the Library/Media Center. There will be subject-based teachers available for questions and support according to the following schedule:

Math: Tuesdays, Wednesdays, and Thursdays

Science: Wednesdays

Social Studies: Tuesdays

English Language Arts: Thursdays

Be sure to check the IHMS Student Center website <http://ihmsstudentcenter.weebly.com/> for more information.

For updates about the Canyons Family Center counseling and class schedule:

<http://www.canyonsdistrict.org/family-center-home>.



ADDITIONAL INFO

IHMS Cell Phone/Technology Policy

We have all been informed about the growing information concerning the adverse effects of too much screen time for our kids. Here at Indian Hills we have taken that message to heart and are asking for your support at home. We are strictly enforcing the district cell phone policy to ensure our students have as much academically focused time as possible.

As a school we have been committed to providing the necessary technology needed for our classroom teachers in the form of Chromebooks and headphones. Cell phones are not part of our educational day and **may only be used during lunchtime and class breaks**. Headphones/earbuds are only allowed during lunchtime, and only one ear may be obstructed at a time. If you are a parent who frequently communicates with your student through their cell phone, please remember you may contact the main office to get a message to your student as well.

As we continue to gain more information on the impact phones, social media and other less-regulated communication methods are having on our educational setting, please be assured we will look for ways to minimize the adverse effects technology is having on our students.

IHMS Halloween Costume Guidelines

On Wednesday, October 31 students are encouraged to wear Halloween costumes. When working with your student to select a costume, please remember that dress code will still be in effect. Here are some guidelines:

- No masks or full face paint. We need to be able to identify students even in costumes.
- Costumes that are provocative, revealing, sexual in nature or employ questionable props are not permitted.
- Costumes that depict violence, alcohol, or drugs are not permitted. Fake (or real) weapons are not allowed.
- Costumes that can be offensive or perpetuate a stereotype of someone's culture, gender, heritage or religion are not permitted.
- Costumes should not hinder your ability to participate in classes, including PE or hinder your ability to move through the hallways in a safe manner.

As always costumes or dressing up is optional. Students wearing questionable costumes will be asked to modify their costumes to make them appropriate for school. If you have any questions regarding the appropriateness of your costume idea, we encourage you to speak with a teacher, counselor or administrator. Thank you for taking the time to help your student understand these guidelines.